

# Welcome!

**While waiting for the presentation to begin, please read the following reminders:**

- The presentation will begin promptly at 9 a.m. Pacific Time
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  - Click on “Questions” in the toolbar (top right corner)
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- There will be a Q & A session at the end of the presentation.
- The presentation will be recorded & posted on [www.familyjusticecenter.org](http://www.familyjusticecenter.org)
- Please complete the evaluation at the end of the presentation. We value your input.

# ***Long-term Health Consequences of Domestic Violence***

By

Ellen Taliaferro, MD

Medical Director  
Keller Center for Family Violence Intervention  
San Mateo Medical Center  
San Mateo, CA





*"Local Services, Global Reach"*

**Thank you to the US Department of Justice,  
Office on Violence Against Women  
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# Your host today:



**Robert Keetch (Sgt. Retired)  
Training Director  
CA FJC Initiative, FJC Alliance**



# Your presenter today:



**Ellen Taliaferro, MD**  
**Medical Director**

**Keller Center for Family Violence Intervention**  
**San Mateo Medical Center**  
**San Mateo, CA**

# Focus

- Acute diseases vs chronic diseases
- Identifying the underlying problems
- Responding to the survivors

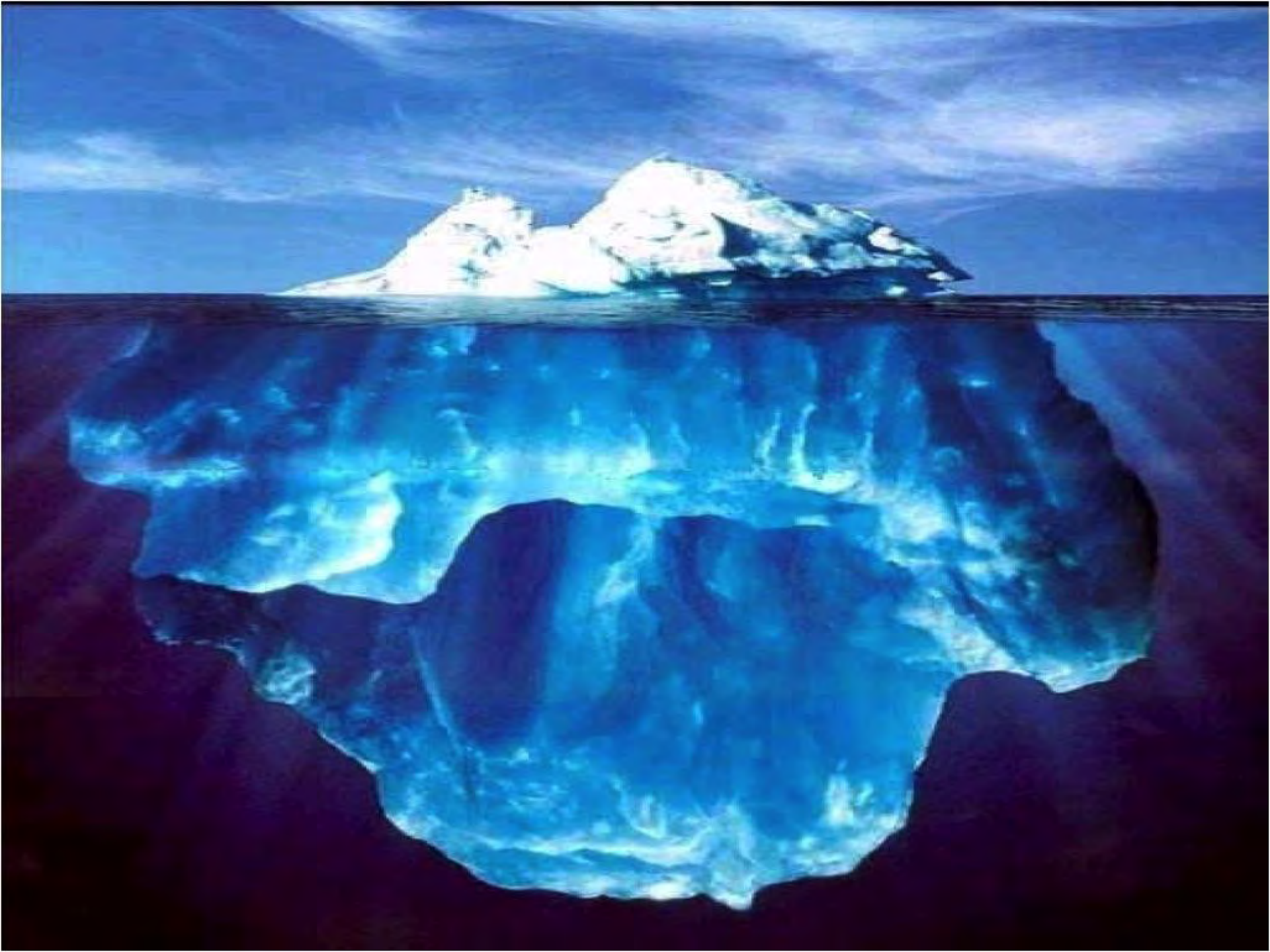




## ***Acute Injuries***

- Lacerations
- Fractures
- Contusions (bruises)







# Acute vs Chronic Disease

- American health system *tailored for acute* and not chronic disease
- Chronic disease demands a team approach with the patient as an active team leader

# Chronic Diseases

- Physical conditions
  - Chronic Pain
  - Autoimmune and stress-related diseases
- Mental health problems
  - Depression, anxiety
  - Personality disorders
- Behavioral disorders
  - Smoking, alcohol and drug misuse, eating disorders
- Umbrella: PTSD

# The Big Questions

- Chronic diseases or dis-ease?
- Is the condition the disease or a symptom?
- How do we help survivors recover?

# Disease vs Dis-ease?

- Each condition feeds the other
- Impact: distress and decreased ability to function
- Often the survivors have not one but several or many conditions
- Multi-faceted problems place the ailing survivors inside an ailing healthcare system where care difficult to co-ordinate



# Is the Condition the Disease of the Symptom?

Adverse Childhood Experiences (ACE)  
Study: Why were the successful  
patients dropping out of the study?

# How Do We Help Survivors Recover?

- Treat the symptom condition and the underlying trauma at the same time
- Need a team approach to treatment
- Place the patient on the healthcare team as a co-captain of the team
- Expressive autobiographical writing
- Bibliotherapy

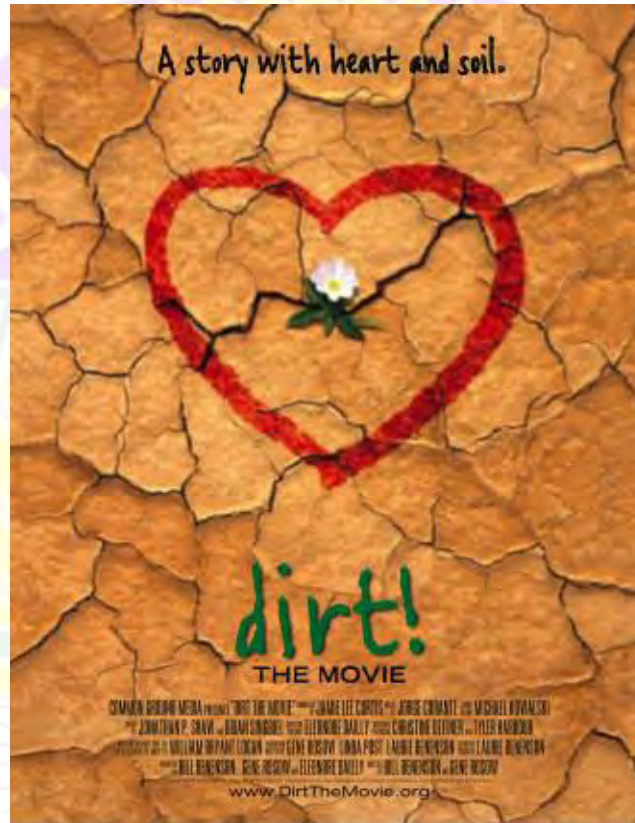
# Therapeutic Response

- Ask two questions:
  - When did this happen?
  - How has this impacted your life?
- Listen
- Assure
- Refer or reschedule

**Please submit your questions via your  
question feature on your toolbar**







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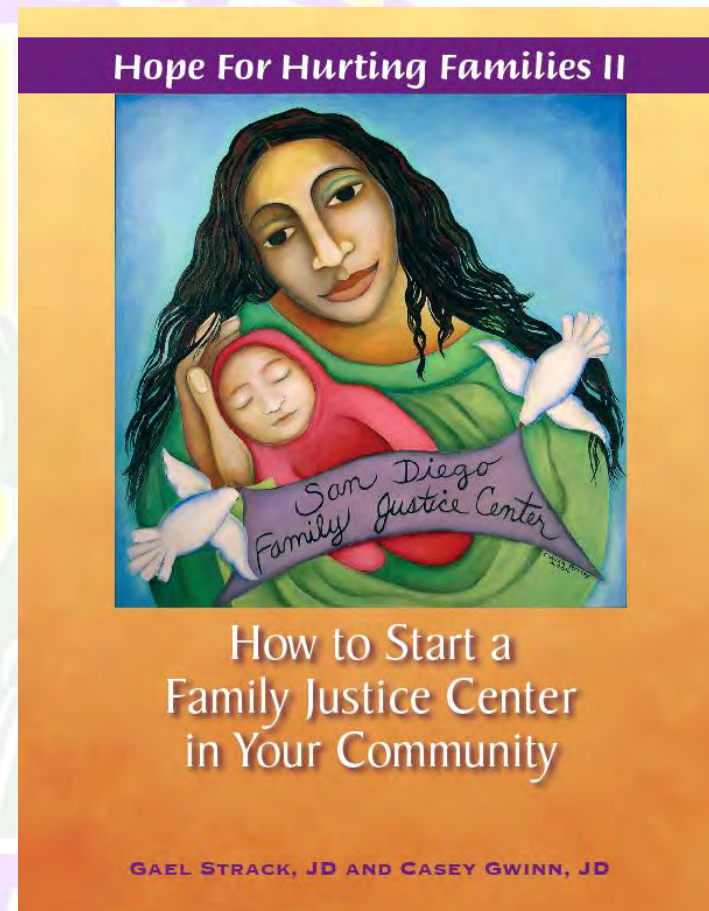
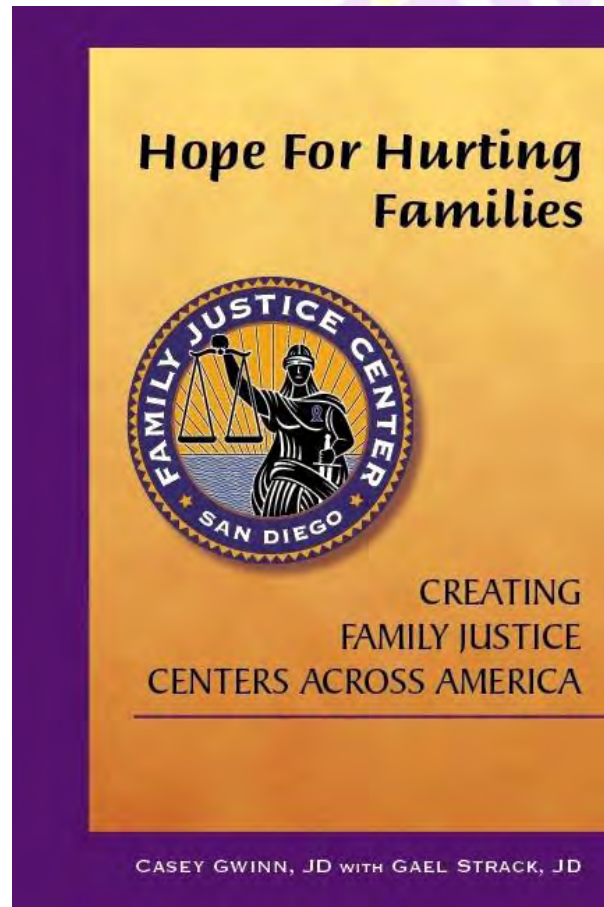


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Find out more about Ellen Taliaferro, MD at  
[www.healthaftertrauma.com](http://www.healthaftertrauma.com)

[DrTspeaks@gmail.com](mailto:DrTspeaks@gmail.com)

# Read the Books



Available at [www.familyjusticecenter.org](http://www.familyjusticecenter.org)







# SAVE THE DATE!

*10th Annual*

**International  
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Conference**

**April 27-29, 2010**

**San Antonio, TX**

Claudia Fernety







*Thank you for joining today's  
presentation*



**Family Justice Center Alliance**

**707 Broadway, Suite 905**

**San Diego, CA 92101**

**(888) 511-3522**

**[www.familyjusticecenter.org](http://www.familyjusticecenter.org)**

